

## TELL US ABOUT YOUR TEAM

*Actually,*  
**I CAN**



What school do you coach at? And how many girls are on your team?

What is the greatest positive change you have seen in the girls on your team this season?

Tell us about a time when the girls on your team came together to work through a challenge?

Is there a particular girl or group of girls that have done something especially inspiring this season?

What lesson resonated the most with the girls on your team? And what actions did they take as a result of that lesson?

Tell us about an interesting or inspiring situation with your team at the 5K or the practice 5K.

How have your girls changed physically over the course of the season? Are they able to run faster and further?

What surprised you the most about coaching these girls?

How has coaching for Girls on the Run positively impacted your life?